

**Week 1
Regular**

**Grand Rapids Regional OpCo
Cherry Hill FW18**

Week at a Glance

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
Sep-16, Oct-21, Nov-25, Dec-30, Feb-03	Sep-17, Oct-22, Nov-26, Dec-31, Feb-04	Sep-18, Oct-23, Nov-27, Jan-01, Feb-05	Sep-19, Oct-24, Nov-28, Jan-02, Feb-06	Sep-20, Oct-25, Nov-29, Jan-03, Feb-07	Sep-21, Oct-26, Nov-30, Jan-04, Feb-08	Sep-22, Oct-27, Dec-01, Jan-05, Feb-09
BREAKFAST						
APPLE JUICE MANDARIN ORANGES CORNFLAKES CHEESE OMELET BISCUIT MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	CRANBERRY JUICE OATMEAL BACON CINNAMON FRENCH TOAST MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	GRAPE JUICE OAT CEREAL CONFETTI EGGS WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	ORANGE JUICE CREAMY WHEAT SAUSAGE PATTY ENGLISH MUFFIN MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	APPLE JUICE CRISPY RICE CEREAL SCRAMBLED EGGS PANCAKES MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	CRANBERRY JUICE OATMEAL OPEN FACE EGG MUFFIN SANDWICH MARGARINE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	GRAPE JUICE RAISIN BRAN EGG SAUSAGE BAKE WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER
LUNCH						
MUSHROOM CHOPPED STEAK MASHED POTATOES BABY CARROTS WHEAT BREAD MARGARINE EMERALD PEARS COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	BROWN SUGAR GLAZE HAM BAKED SWEET POTATO HALF CRUMB TOP BRUSSELS SPROUTS WHEAT ROLL MARGARINE CHERRY COBBLER COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CRUNCHY RANCH CHICKEN ORZO GREEN BEANS WHEAT BREAD MARGARINE BUTTERED APPLES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	ROAST BEEF GRAVY AU GRATIN POTATOES BROCCOLI WHEAT ROLL MARGARINE SILVER WHITE CAKE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	FRIED FISH TARTAR SAUCE POTATOES O'BRIEN COLE SLAW WHEAT ROLL MARGARINE LEMON BAR COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	HERBED PORK CHOP SEASONED BEANS BUTTERED SPINACH WHEAT ROLL MARGARINE PINEAPPLE CUBES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CHICKEN DIJON CONTINENTAL POTATOES LEMON BUTTERED BROCCOLI WHEAT BREAD MARGARINE CHILLED PEACHES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG
Alternates						
LEMON FISH AMANDINE CANTINA CORN ROASTED CAULIFLOWER	MEATLOAF GRAVY ROASTED NEW POTATOES BAKED ZUCCHINI	HERBED PORK LOIN GARDEN RICE CREAMED SPINACH	LEMON BAKED CHICKEN CRUMB NOODLES MIXED VEGETABLES	ITALIAN SAUSAGE PAPRIKA RICE ROASTED VEGETABLES	PARMESAN CRUSTED TILAPIA GREEN PEAS CARROTS LYONNAISE	GRILLED HAM WHIPPED SWEET POTATOES CAULIFLOWER
DINNER						
BAKED ROSEMARY CHICKEN BUTTERED PASTA BROCCOLI WHEAT ROLL MARGARINE FROSTED CHOCOLATE CAKE	CHEESE ENCHILADAS SPANISH RICE REFRIED BEANS SPICED PEACHES COFFEE OR TEA MILK	LENTIL SOUP WHOLE WHEAT CRACKERS TUNA SALAD SANDWICH ON WHEAT LETTUCE AND TOMATO MARGARINE	SWEET SOUR PORK FRIED RICE JAPANESE VEGETABLES WHEAT ROLL MARGARINE MANDARIN ORANGES	CRANBERRY GLAZED TURKEY TRICOLOR SPIRAL PASTA GREEN BEAN CASSEROLE WHEAT BREAD MARGARINE POACHED PEARS	SLOPPY JOE ON BUN TATER TOTS CORN MARGARINE KETCHUP COOKIE	SALMON PATTY CREAM SAUCE WILD RICE BLEND HARVARD BEETS WHEAT ROLL MARGARINE

Week 1

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Cherry Hill FW18**

Week at a Glance

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
Sep-16, Oct-21, Nov-25, Dec-30, Feb-03	Sep-17, Oct-22, Nov-26, Dec-31, Feb-04	Sep-18, Oct-23, Nov-27, Jan-01, Feb-05	Sep-19, Oct-24, Nov-28, Jan-02, Feb-06	Sep-20, Oct-25, Nov-29, Jan-03, Feb-07	Sep-21, Oct-26, Nov-30, Jan-04, Feb-08	Sep-22, Oct-27, Dec-01, Jan-05, Feb-09
DINNER						
COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CHILLED FRUIT CUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PICKLE SPEAR	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	TROPICAL FRUIT COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE
Alternates						
CORNED BEEF DICED POTATOES SAUERKRAUT	TURKEY SANDWICH ON WHEAT CHIPS RELISH PLATE	SWEDISH MEATBALLS RED BLISS POTATOES SCANDINAVIAN VEGETABLES	BAKED ZITI W/4 CHEESES SEASONED YELLOW SQUASH	HAMBURGER PIZZA TOSSED SALAD DRESSING OF CHOICE	CHICKEN & MARINARA PASTA ITALIAN VEGETABLES	VEGETABLE CHEESE QUICHE MARINATED CARROTS
EVENING SNACK						
FRUIT DRINK WHOLE WHEAT CRACKERS	FRUIT DRINK ASSORTED COOKIES	FRUIT DRINK VANILLA WAFERS	FRUIT DRINK GRAHAM CRACKERS	FRUIT DRINK WHOLE WHEAT CRACKERS	FRUIT DRINK ASSORTED COOKIES	FRUIT DRINK VANILLA WAFERS

**Week 2
Regular**

**Grand Rapids Regional OpCo
Cherry Hill FW18**

Week at a Glance

Sunday 8	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13	Saturday 14
Sep-23, Oct-28, Dec-02, Jan-06, Feb-10	Sep-24, Oct-29, Dec-03, Jan-07, Feb-11	Sep-25, Oct-30, Dec-04, Jan-08, Feb-12	Sep-26, Oct-31, Dec-05, Jan-09, Feb-13	Sep-27, Nov-01, Dec-06, Jan-10, Feb-14	Sep-28, Nov-02, Dec-07, Jan-11, Feb-15	Sep-29, Nov-03, Dec-08, Jan-12, Feb-16
BREAKFAST						
ORANGE JUICE PRUNES CREAMY WHEAT SCRAMBLED EGGS WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	APPLE JUICE FRESH BANANA CORNFLAKES BACON OMELET WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	CRANBERRY JUICE OATMEAL SAUSAGE PATTY BISCUIT MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	GRAPE JUICE OAT CEREAL EGG MUFFIN MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	ORANGE JUICE TROPICAL FRUIT CREAMY WHEAT SCRAMBLED EGGS AND CHEESE ENGLISH MUFFIN MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	APPLE JUICE RAISIN BRAN SAUSAGE LINKS PANCAKES MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	CRANBERRY JUICE CHILLED FRUIT COCKTAIL OATMEAL WESTERN OMELET WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER
LUNCH						
BEEF TIPS AU JUS NOODLES SLICED ZUCCHINI WHEAT ROLL MARGARINE BAKED APPLES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	BAKED FISH IN BUTTER SAUCE ORZO PILAF SAVORY GREEN BEANS WHEAT ROLL MARGARINE PINEAPPLE CUBES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	CHICKEN FRICASSEE BAKED POTATO SOUR CREAM CRUMB TOP BRUSSELS SPROUTS WHEAT BREAD MARGARINE CHESS PIE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	COUNTRY FRIED STEAK CREAM GRAVY MASHED POTATOES SEASONED PEAS WHEAT BREAD MARGARINE FRUIT COBBLER COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SEASONED TILAPIA TRICOLOR SPIRAL PASTA LEMON BUTTERED BROCCOLI WHEAT ROLL MARGARINE ICE CREAM COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	CHICKEN RICE CASSEROLE HERBED GREEN BEANS WHEAT BREAD MARGARINE BLONDE BROWNIE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CRANBERRY GLAZE PORK CHOP GARLIC MASHED POTATOES MIXED GREEN SALAD DRESSING OF CHOICE WHEAT ROLL MARGARINE SILVER WHITE CAKE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG
Alternates						
PORK ROAST GARLIC BUTTER RICE MIXED VEGETABLES	OVEN FRIED CHICKEN SCALLOPED POTATOES SPINACH	TUNA CROQUETTE CREAM SAUCE ORANGE RICE BEETS	CHICKEN TARRAGON CORN SEASONED CARROTS	SWISS STEAK HONEY ROASTED SWEET POTATOES SEASONED YELLOW SQUASH	BAKED HAM BUTTERED CORN PARSLIED CAULIFLOWER	CHICKEN DIJON GARDEN RICE PEAS & PEARL ONIONS
DINNER						
EGG SALAD PLATTER 3 BEAN SALAD WHEAT BREAD MARGARINE POKE CAKE	MINESTRONE SOUP WHOLE WHEAT CRACKERS ROAST BEEF SANDWICH ON WHEAT LETTUCE AND TOMATO	MUSHROOM QUICHE TOSSED SALAD DRESSING OF CHOICE WHEAT ROLL MARGARINE	POLISH SAUSAGE GERMAN POTATO SALAD RED CABBAGE WHEAT ROLL MARGARINE	CHEESE PIZZA MARINATED VEGETABLE SALAD CINNAMON APPLES COFFEE OR TEA MILK	HAMBURGER ON BUN BAKED BEANS RELISH PLATE MAYONNAISE KETCHUP	BAKED MANICOTTI ITALIAN VEGETABLES WHEAT ROLL MARGARINE BAKED PEACH SLICES

Week 1

**Week 2
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Sunday 8	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13	Saturday 14
Sep-23, Oct-28, Dec-02, Jan-06, Feb-10	Sep-24, Oct-29, Dec-03, Jan-07, Feb-11	Sep-25, Oct-30, Dec-04, Jan-08, Feb-12	Sep-26, Oct-31, Dec-05, Jan-09, Feb-13	Sep-27, Nov-01, Dec-06, Jan-10, Feb-14	Sep-28, Nov-02, Dec-07, Jan-11, Feb-15	Sep-29, Nov-03, Dec-08, Jan-12, Feb-16
DINNER						
COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	MARGARINE MAYONNAISE STRAWBERRIES W/WHIPPED TOPPING COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PICKLE SPEAR	ROSY PEARS COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	BLACK FOREST COOKIE BAR COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARMESAN CHEESE	FRUIT CUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARMESAN CHEESE
Alternates						
BAKED ROSEMARY CHICKEN AMERICAN FRIED POTATOES PARMESAN TOMATO HALF	PEACHY PORK CHOPS BAKED SWEET POTATO WEDGES ROASTED CAULIFLOWER	BEEF AND PASTA CASSEROLE CAPRI BLEND VEGETABLES	CRUMB TOPPED BAKED FISH FIESTA RICE WINTER MIX VEGETABLES	HERB BAKED CHICKEN PINTO BEANS SPINACH	CRAB CAKES CREAM SAUCE BUTTERED BOWTIES SEASONED CARROTS	ROAST BEEF GRAVY RED BLISS POTATOES SEASONED ZUCCHINI
EVENING SNACK						
FRUIT DRINK GRAHAM CRACKERS	FRUIT DRINK WHOLE WHEAT CRACKERS	FRUIT DRINK ASSORTED COOKIES	FRUIT DRINK VANILLA WAFERS	FRUIT DRINK GRAHAM CRACKERS	FRUIT DRINK WHOLE WHEAT CRACKERS	FRUIT DRINK ASSORTED COOKIES

**Week 3
Regular**

**Grand Rapids Regional OpCo
Cherry Hill FW18**

Week at a Glance

Sunday 15	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21
Sep-30, Nov-04, Dec-09, Jan-13, Feb-17	Oct-01, Nov-05, Dec-10, Jan-14, Feb-18	Oct-02, Nov-06, Dec-11, Jan-15, Feb-19	Oct-03, Nov-07, Dec-12, Jan-16, Feb-20	Oct-04, Nov-08, Dec-13, Jan-17, Feb-21	Oct-05, Nov-09, Dec-14, Jan-18, Feb-22	Oct-06, Nov-10, Dec-15, Jan-19, Feb-23
BREAKFAST						
ORANGE JUICE FRESH BANANA CREAMY WHEAT BACON FRENCH TOAST MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	APPLE JUICE CRISPY RICE CEREAL EGG WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	CRANBERRY JUICE OATMEAL SAUSAGE LINKS PANCAKES MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	GRAPE JUICE RAISIN BRAN CHEESY EGG STRATA HASHBROWN POTATOES WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	ORANGE JUICE CHILLED PEARS CREAMY WHEAT SCRAMBLED EGGS WHEAT CINNAMON TOAST MARGARINE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	APPLE JUICE CORNFLAKES OPEN FACE EGG MUFFIN SANDWICH BREAKFAST POTATOES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	CRANBERRY JUICE PRUNES OATMEAL SAUSAGE PATTY WAFFLE MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER
LUNCH						
BEEF POT PIE BUTTERED CORN WHEAT BREAD MARGARINE STRAWBERRIES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	STUFFED BAKED FISH ORZO DILL CARROTS WHEAT ROLL MARGARINE PINEAPPLE CUBES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	SMOKED PIT HAM BAKED BEANS SQUASH CASSEROLE CORNBREAD MARGARINE LEMON CREAM PIE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CHICKEN PAPRIKA WILD RICE BLEND BROCCOLI WHEAT ROLL MARGARINE CARAMEL APPLE BAR COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CRUNCHY ORANGE FISH PARSLEY NOODLES SEASONED BEETS WHEAT BREAD MARGARINE FROSTED CUPCAKE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	CHICKEN AND DUMPLINGS GREEN PEAS WHEAT BREAD MARGARINE DREAMLAND BAR COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	POT ROAST POTATOES & ONIONS CELERY & CARROTS WHEAT ROLL MARGARINE BOSTON CREAM PIE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG
Alternates						
CHICKEN PESTO PARSLIED FETTUCINI SEASONED BROCCOLI	ROAST BEEF GRAVY BAKED POTATO CAULIFLOWER W/RED PEPPERS	SEASONED BAKED CHICKEN BREAST HONEY ROASTED SWEET POTATOES SAVORY CABBAGE	TUNA PATTY CREAM SAUCE TRICOLOR SPIRAL PASTA HERBED GREEN BEANS	CORNERD BEEF NEW POTATOES BABY CARROTS	BAKED PORK CHOP CHUCKWAGON CORN SEASONED BROCCOLI	GRILLED FISH VEGETABLE PASTA SALAD
DINNER						
PULLED PORK BBQ SAUCE MASHED POTATOES CAPRI BLEND VEGETABLES WHEAT ROLL MARGARINE	FRENCH ONION SOUP WHOLE WHEAT CRACKERS TURKEY SANDWICH ON WHEAT POTATO SALAD LETTUCE AND TOMATO MARGARINE	SHERRY BEEF TIPS NOODLES SPINACH TOSCANA WHEAT ROLL MARGARINE SUNNY PEARS	TOMATO SOUP WHOLE WHEAT CRACKERS PIMIENTO CHEESE SANDWICH 3 BEAN SALAD MARGARINE SPICED PEACHES	KIELBASA AMERICAN FRIED POTATOES RED CABBAGE WHEAT BREAD MARGARINE MANDARIN ORANGES	VEGETABLE QUICHE TOSSED SALAD DRESSING OF CHOICE MUFFIN MARGARINE FRUIT CUP	HAM W/PINEAPPLE WILD RICE BLEND SEASONED BEANS WHEAT BREAD MARGARINE HONEYED PEARS

Week 1

**Week 3
Regular**

**Grand Rapids Regional OpCo
Cherry Hill FW18**

Week at a Glance

Sunday 15	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21
Sep-30, Nov-04, Dec-09, Jan-13, Feb-17	Oct-01, Nov-05, Dec-10, Jan-14, Feb-18	Oct-02, Nov-06, Dec-11, Jan-15, Feb-19	Oct-03, Nov-07, Dec-12, Jan-16, Feb-20	Oct-04, Nov-08, Dec-13, Jan-17, Feb-21	Oct-05, Nov-09, Dec-14, Jan-18, Feb-22	Oct-06, Nov-10, Dec-15, Jan-19, Feb-23
DINNER						
APPLE PIE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	MAYONNAISE SPICE CAKE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER PEPPER NON DAIRY CREAMER GARNISH PICKLE SPEAR	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PICKLE SPEAR	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG
Alternates						
BAKED FISH FLORENTINE CALICO RICE GREEN BEANS	CHUCKWAGON STEAK RICE SEASONED PEAS	CRISPY PORK LOIN GRAVY SCALLOPED POTATOES WINTER MIX VEGETABLES	GREEN PEPPER STEAK LIMA BEANS SQUASH BLEND	STUFFED PASTA SHELLS ITALIAN VEGETABLES	PATTY MELT BAKED POTATO WEDGES SPINACH WITH MUSHROOMS	VEG BURGER W/CHEESE ON BUN SWEET POTATO FRIES RELISH PLATE
EVENING SNACK						
FRUIT DRINK GRAHAM CRACKERS	FRUIT DRINK WHOLE WHEAT CRACKERS	FRUIT DRINK ASSORTED COOKIES	FRUIT DRINK VANILLA WAFERS	FRUIT DRINK GRAHAM CRACKERS	FRUIT DRINK WHOLE WHEAT CRACKERS	FRUIT DRINK ASSORTED COOKIES

**Week 4
Regular**

**Grand Rapids Regional OpCo
Cherry Hill FW18**

Week at a Glance

Sunday 22	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28
Oct-07, Nov-11, Dec-16, Jan-20	Oct-08, Nov-12, Dec-17, Jan-21	Oct-09, Nov-13, Dec-18, Jan-22	Oct-10, Nov-14, Dec-19, Jan-23	Oct-11, Nov-15, Dec-20, Jan-24	Oct-12, Nov-16, Dec-21, Jan-25	Oct-13, Nov-17, Dec-22, Jan-26
BREAKFAST						
GRAPE JUICE OAT CEREAL SAUSAGE GRAVY BISCUIT MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	ORANGE JUICE CHILLED FRUIT COCKTAIL CREAMY WHEAT SCRAMBLED EGGS AND CHEESE WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT SUGAR SALT PEPPER NON DAIRY CREAMER	APPLE JUICE CRISPY RICE CEREAL EGG BROWN SUGAR COFFEE CAKE MARGARINE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	ORANGE JUICE OATMEAL SAUSAGE LINKS FRENCH TOAST MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	GRAPE JUICE RAISIN BRAN EGG BACON WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	ORANGE JUICE PRUNES CREAMY WHEAT SCRAMBLED EGGS CINNAMON TOAST MARGARINE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	APPLE JUICE CORNFLAKES BREAKFAST HAM ENGLISH MUFFIN MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER
LUNCH						
BBQ PORK BAKED POTATO SOUR CREAM RANCH BEANS WHEAT ROLL MARGARINE ICE CREAM COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	FISH PROVENCALE PARMESAN NOODLES SPINACH WHEAT ROLL MARGARINE BAKED PEACH SLICES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	MEATBALLS W/GRAVY GARLIC MASHED POTATOES CAPRI BLEND VEGETABLES WHEAT BREAD MARGARINE CHERRY COBBLER COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CHICKEN TAHITIAN BROWN RICE SAVORY GREEN BEANS WHEAT BREAD MARGARINE POUND CAKE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CRUMB TOPPED BAKED FISH ORZO PILAF BRUSSELS SPROUTS IN ONION CRM WHEAT ROLL MARGARINE EMERALD PEARS COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	BAKED BEEF BRISKET BAKED BEANS PEAS & PEARL ONIONS WHEAT BREAD MARGARINE FROSTED ANGEL FOOD CAKE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	BROWN SUGAR GLAZE HAM SWEET POTATOES ROASTED CAULIFLOWER WHEAT ROLL MARGARINE PUMPKIN PIE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG
Alternates						
SMOTHERED STEAK W/ONIONS BUTTERED BOWTIES PARSLIED CAULIFLOWER	CRISPY PORK LOIN BAKED SWEET POTATO WINTER MIX VEGETABLES	CHICKEN PICCATA HERBED RICE SEASONED PEAS	BAKED FISH IN BUTTER SAUCE CORN O'BRIEN BABY CARROTS	CHEESEBURGER ON BUN FRENCH FRIES RELISH PLATE	LEMON ROSEMARY PORK LOIN PARMESAN POTATOES SEASONED CABBAGE	BEEF MINUTE STEAK RICE SQUASH CASSEROLE
DINNER						
KING RANCH CHICKEN CORN CALIFORNIA VEGETABLES MARGARINE STRAWBERRIES & BANANAS COFFEE OR TEA MILK SUGAR	CREAM OF POTATO SOUP WHOLE WHEAT CRACKERS FRENCH DIP SANDWICH ROASTED VEGETABLES MARGARINE FRUIT MIX COFFEE OR TEA MILK	BAKED MANICOTTI TOSSED SALAD DRESSING OF CHOICE WHEAT ROLL MARGARINE ROSY APPLESAUCE COFFEE OR TEA MILK	GARLIC PEPPER PORK CHOP BAKED BEANS CAULIFLOWER AU GRATIN WHEAT ROLL MARGARINE MANDARIN ORANGES COFFEE OR TEA MILK	TURKEY AND DUMPLINGS ITALIAN VEGETABLES BREADSTICK MARGARINE PEACHES AND CREAM COFFEE OR TEA MILK SUGAR	MINISTRONE SOUP WHOLE WHEAT CRACKERS GRILLED CHEESE SANDWICH WHEAT BROCCOLI SALAD MARGARINE FRUIT CUP COFFEE OR TEA	CHILI CON CARNE MIXED GREEN SALAD DRESSING OF CHOICE CORNBREAD MARGARINE FRESH ORANGE SLICES COFFEE OR TEA MILK

Week 1

**Week 4
Regular**

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Week at a Glance

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Oct-07, Nov-11, Dec-16, Jan-20	Oct-08, Nov-12, Dec-17, Jan-21	Oct-09, Nov-13, Dec-18, Jan-22	Oct-10, Nov-14, Dec-19, Jan-23	Oct-11, Nov-15, Dec-20, Jan-24	Oct-12, Nov-16, Dec-21, Jan-25	Oct-13, Nov-17, Dec-22, Jan-26
DINNER						
SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARMESAN CHEESE	SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PICKLE SPEAR	SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH GRATED CHEESE
Alternates						
OVEN FRIED FISH SPIRAL FRIES CALICO SLAW	CORNFLAKE CHICKEN PESTO PASTA SEASONED ZUCCHINI	POLISH SAUSAGE LYONNAISE POTATOES SEASONED BROCCOLI	CHEESE QUICHE MUFFIN MARINATED VEGETABLE SALAD	BEEF TIPS WITH GRAVY RICE SPINACH	SEASONED TILAPIA BUTTERED BOWTIES MIXED VEGETABLES	OVEN FRIED CHICKEN TATER TOTS CANTINA CORN
EVENING SNACK						
FRUIT DRINK VANILLA WAFERS	FRUIT DRINK GRAHAM CRACKERS	FRUIT DRINK WHOLE WHEAT CRACKERS	FRUIT DRINK ASSORTED COOKIES	FRUIT DRINK VANILLA WAFERS	FRUIT DRINK GRAHAM CRACKERS	FRUIT DRINK WHOLE WHEAT CRACKERS

**Week 5
Regular**

**Grand Rapids Regional OpCo
Cherry Hill FW18**

Week at a Glance

Sunday 29	Monday 30	Tuesday 31	Wednesday 32	Thursday 33	Friday 34	Saturday 35
Oct-14, Nov-18, Dec-23, Jan-27	Oct-15, Nov-19, Dec-24, Jan-28	Oct-16, Nov-20, Dec-25, Jan-29	Oct-17, Nov-21, Dec-26, Jan-30	Oct-18, Nov-22, Dec-27, Jan-31	Oct-19, Nov-23, Dec-28, Feb-01	Oct-20, Nov-24, Dec-29, Feb-02
BREAKFAST						
CRANBERRY JUICE CHILLED PEARS OATMEAL BAKED EGG OMELET ENGLISH MUFFIN MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	GRAPE JUICE OAT CEREAL CONFETTI EGGS WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	ORANGE JUICE FRESH BANANA CREAMY WHEAT SCRAMBLED EGGS PANCAKES MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	APPLE JUICE CHILLED FRUIT COCKTAIL CRISPY RICE CEREAL EGG SAUSAGE BAKE MUFFIN MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	CRANBERRY JUICE OATMEAL EGG BACON WHEAT TOAST MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	GRAPE JUICE RAISIN BRAN BREAKFAST HAM FRENCH TOAST MARGARINE SYRUP COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER	ORANGE JUICE CREAMY WHEAT SAUSAGE PATTY HASHBROWN POTATOES ENGLISH MUFFIN MARGARINE JELLY COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER
LUNCH						
CHICKEN & BISCUITS SEASONED BROCCOLI MARGARINE RASPBERRY PEACHES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SALISBURY STEAK GRAVY POTATOES O'BRIEN HERBED GREEN BEANS WHEAT ROLL MARGARINE CHOCOLATE PIE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	MAPLE GLAZED HAM SWEET POTATOES COUNTRY CABBAGE WHEAT BREAD WHEAT ROLL MARGARINE POACHED PEARS COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	COUNTRY FRIED STEAK GARLIC MASHED POTATOES CANTINA CORN WHEAT ROLL MARGARINE BUTTERSCOTCH SQUARE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	CHICKEN QUESADILLAS BLACK BEANS BROILED TOMATO SLICES RICE PUDDING COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	BAKED PORK LOIN GARDEN RICE SPINACH WHEAT BREAD MARGARINE SPICE CAKE COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	ROAST TURKEY CORNBREAD STUFFING GREEN BEAN CASSEROLE WHEAT ROLL MARGARINE BAKED APPLE SLICES COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG
Alternates						
APPLE PORK CHOP CHEDDAR SLICED POTATOES CAPRI BLEND VEGETABLES	MARINATED CHICKEN BREAST TRICOLOR SPIRAL PASTA CHOPPED SPINACH	HERB BAKED FISH RICE PILAF SEASONED CARROTS	CHICKEN BREAST SUPREME PARSLIED FETTUCINI SEASONED BEETS	GREEN PEPPER STEAK BAKED POTATO WEDGES SEASONED BROCCOLI	TUNA NOODLE CASSEROLE GLAZED CARROTS	KIELBASA HOT POTATO SALAD RED CABBAGE
DINNER						
FISH & CHIPS BRUSSELS SPROUTS WHEAT ROLL MARGARINE CHOCOLATE CHIP BAR COFFEE OR TEA MILK SUGAR	NAVY BEAN SOUP WHOLE WHEAT CRACKERS CHICKEN CAESAR SALAD BREADSTICK MARGARINE MANDARIN ORANGES COFFEE OR TEA MILK	SPAGHETTI W/MEAT SAUCE SEASONED ZUCCHINI WHEAT ROLL MARGARINE FRUIT MIX COFFEE OR TEA MILK SUGAR	SUPREME PIZZA CRUDITES RANCH DRESSING MARGARINE PINEAPPLE CUBES COFFEE OR TEA MILK SUGAR	VEGETABLE SOUP WHOLE WHEAT CRACKERS FISH SANDWICH TARTAR SAUCE CAULIFLOWER W/RED PEPPERS MARGARINE CHILLED FRUIT CUP COFFEE OR TEA	GLAZED MEATLOAF GRAVY ROASTED NEW POTATOES MIXED VEGETABLES WHEAT ROLL MARGARINE STRAWBERRIES W/WHIPPED TOPPING	CHEESE LASAGNA TOSSED SALAD DRESSING OF CHOICE GARLIC BREAD MARGARINE ICE CREAM COFFEE OR TEA MILK

Week 1

**Week 5
Regular**

**Grand Rapids Regional OpCo
Cherry Hill FW18**

Week at a Glance

Sunday 29	Monday 30	Tuesday 31	Wednesday 32	Thursday 33	Friday 34	Saturday 35
Oct-14, Nov-18, Dec-23, Jan-27	Oct-15, Nov-19, Dec-24, Jan-28	Oct-16, Nov-20, Dec-25, Jan-29	Oct-17, Nov-21, Dec-26, Jan-30	Oct-18, Nov-22, Dec-27, Jan-31	Oct-19, Nov-23, Dec-28, Feb-01	Oct-20, Nov-24, Dec-29, Feb-02
DINNER						
SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SALT PEPPER NON DAIRY CREAMER GARNISH PARMESAN CHEESE	SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH LEMON WEDGE	COFFEE OR TEA MILK SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARSLEY SPRIG	SUGAR SALT PEPPER NON DAIRY CREAMER GARNISH PARMESAN CHEESE
Alternates						
BEEF TIPS AU JUS PARSLIED RICE BROILED TOMATO SLICES	VEGETABLE FRITTATA SWEET POTATO FRIES	BBQ PORK ON BUN POTATO SALAD CUCUMBER ONION SALAD	BREADED FISH CREAMY PARMESAN ORZO CALIFORNIA VEGETABLES	PORK & VEG STIR FRY RICE	MUSTARD SHERRY CHICKEN PEAS & PEARL ONIONS SEASONED SQUASH	BEEF STEW RICE
EVENING SNACK						
FRUIT DRINK ASSORTED COOKIES	FRUIT DRINK VANILLA WAFERS	FRUIT DRINK GRAHAM CRACKERS	FRUIT DRINK WHOLE WHEAT CRACKERS	FRUIT DRINK ASSORTED COOKIES	FRUIT DRINK VANILLA WAFERS	FRUIT DRINK GRAHAM CRACKERS